

KATA (FORMS)

H-1 Jr Physically Challenged
 H-2 Adult Physically Challenged
 F-1 5 & Under Boys & Girls
 F-2 6-7 Beg
 F-3 6-7 Int
 F-4 6-7 Adv
 F-5 8-9 Beg
 F-6 8-9 Int
 F-7 8-9 Adv
 F-8 10-11 Beg
 F-9 10-11 Int
 F-10 10-11 Adv
 F-11 10-11 Black Belt
 F-12 12-13 Beg
 F-13 12-13 Int
 F-14 12-13 Adv
 F-15 12-13 Black Belt
 F-16 14-15 Beg
 F-17 14-15 Int
 F-18 14-15 Adv
 F-19 11-15 Black Belt
 F-20 16-17 Beg
 F-21 16-17 Int
 F-22 16-17 Adv
 F-23 16-17 Black Belt
 F-24 Beg/Beg Exec Women 18+
 F-25 Int/Int Exec Women 18+
 F-26 Adv/Adv Exec Women 18+
 F-27 Beg/Beg Exec Men 18+
 F-28 Int/Int Exec Men 18+
 F-29 Adv/Adv Exec Men 18+
 F-30 Black Belt Women 18-31
 F-31 Black Belt Exec Women 32+
 F-32 Black Belt Men 18-34
 F-33 Black Belt Exec Men 35+
 F-34 Black Belt Senior Exec Women 45+
 F-35 Black Belt Senior Exec Men 45+
 F-36 Black Belt Soft Style M/W 18+
 F-37 Black Belt Adult Traditional M/W 18-34
 F-38 Black Belt Exec Traditional M/W 35+
 F-39 Black Belt Jr Traditional B/G 10-17

S-34 10-11 Black Belt Boys
 S-35 12-13 Beg Boys
 S-36 12-13 Int Boys
 S-37 12-13 Adv Boys
 S-38 12-13 Black Belt Boys
 S-39 14-15 Beg Boys
 S-40 14-15 Int Boys
 S-41 14-15 Adv Boys
 S-42 14-15 Black Belt Boys
 S-43 16-17 Beg Boys
 S-44 16-17 Int Boys
 S-45 16-17 Adv Boys
 S-46 16-17 Black Belt Boys
 S-47 Beg Women 18-31
 S-48 Int Women 18-31
 S-49 Adv Women 18-31
 S-50 Beg Exec Women 32+
 S-51 Int Exec Women 32+
 S-52 Adv Exec Women 32+
 S-53 Beg Men Lt Wt 18-34
 S-54 Beg Men Hvy Wt 18-34
 S-55 Int Men Lt Wt 18-34
 S-56 Int Men Hvy Wt 18-34
 S-57 Adv Men Lt Wt 18-34
 S-58 Adv Men Hvy Wt 18-34
 S-59 Beg Exec Men 35+
 S-60 Int Exec Men 35+
 S-61 Adv Exec Men 35+
 S-62 Black Belt Women Fly Wt 18-31
 S-63 Black Belt Women Lt Wt 18-31
 S-64 Black Belt Exec Women Fly Wt 32+
 S-65 Black Belt Exec Women Lt Wt 32+
 S-66 Black Belt Men Lt Wt 18-34
 S-67 Black Belt Men Mid Wt 18-34
 S-68 Black Belt Men Hvy Wt 18-34
 S-69 Black Belt Exec Men Lt Wt 35+
 S-70 Black Belt Exec Men Hvy Wt 35-44
 S-71 Black Belt Senior Exec Men Lt Wt 45 -54
 S-72 Black Belt Senior Exec Men Hvy Wt 45-54
 S-73 Black Belt Senior Exec Men 55+



AOK WEIGHT DIVISIONS

Black Belts

Lightweight—160 & under
 Middleweight—161-185
 Heavyweight—186 & over

Beg/Int/Adv. Men

Black Belt Exec.

Lightweight—185 & under
 Heavyweight—186 & over

Women

18-31 Flyweight—134 & under
 18-31 Lightweight—135 & over

 32+ Flyweight—144 & under
 32+ Lightweight—145 & over

SPARRING

S-1 5 & Under Girls
 S-2 5 & Under Boys
 S-3 6-7 Beg Girls
 S-4 6-7 Int Girls
 S-5 6-7 Adv Girls
 S-6 8-9 Beg Girls
 S-7 8-9 Int Girls
 S-8 8-9 Adv Girls
 S-9 10-11 Beg Girls
 S-10 10-11 Int Girls
 S-11 10-11 Adv Girls
 S-12 10-11 Black Belt Girls
 S-13 12-13 Beg Girls
 S-14 12-13 Int Girls
 S-15 12-13 Adv Girls
 S-16 12-13 Black Belt Girls
 S-17 14-15 Beg Girls
 S-18 14-15 Int Girls
 S-19 14-15 Adv Girls
 S-20 14-15 Black Belt Girls
 S-21 16-17 Beg Girls
 S-22 16-17 Int Girls
 S-23 16-17 Adv Girls
 S-24 16-17 Black Belt Girls
 S-25 6-7 Beg Boys
 S-26 6-7 Int Boys
 S-27 6-7 Adv Boys
 S-28 8-9 Beg Boys
 S-29 8-9 Int Boys
 S-30 8-9 Adv Boys
 S-31 10-11 Beg Boys
 S-32 10-11 Int Boys
 S-33 10-11 Adv Boys

SPECIALTY

M-1 Beg. Jr Specialty 11 & Under
 M-2 Int. Jr Specialty 11 & Under
 M-3 Adv. Jr Specialty 11 & Under
 M-4 Black Belt Jr Specialty 11 & Under
 M-5 Beg. Jr Specialty 12-17
 M-6 Int. Jr Specialty 12-17
 M-7 Adv. Jr Specialty 12-17
 M-8 Black Belt Jr Specialty 12-17
 M-9 Adult Amateur Specialty 18+
 M-10 Black Belt Specialty 18-34
 M-11 Black Belt Exec Specialty 35+
 M-12 Black Belt Weapons 18+
 M-13 Junior/Adult Teams – All Ages
 M-14 Jr Under Black Belt Self Def 17 & Under
 M-15 Jr Black Belt Self Defense 17 & Under
 M-16 Adult Under Black Belt Self Defense 18+
 M-17 Black Belt Self Defense 18+

L-65 Demo Division **
 Perform and Win your award!**



**A.O.K. "A"
 Rated
 Tournament**

A House of Lockhart Production

**Location:
 Antioch Sports Complex &
 Community Center**
314 Eross St., San Antonio, TX 78202
**Next to Antioch Baptist Church on
 1001 N. Walters
 (210) 270-0944**

From:
 North (Austin, Dallas, etc):
 I-35 South to San Antonio. Take Walters Exit,
 Turn Left on Walters.

South: I-35 North, Exit Walters. Turn Right on
 Walters.

East: I-10 West to 37 North to I-35 North. Exit
 Walters, Turn Right.

West: I-10 East to 35 North to Walters. Exit,
 Turn Right on Walters.

FREE PARKING!

***** Asterix indicates
 NON-AOK Divisions *****